

# RESURGAM NEWS

## CHAIRMAN'S FOREWORD

Welcome to our summer edition of the Resurgam News. You will see by the content of this news sheet that despite the current political instability and a series of financial cuts throughout the entire Community and Voluntary Sectors, the Resurgam Trust has continued to develop and remains extremely busy. Working within the Community and Voluntary Sector can at times be extremely difficult and unfortunately this has been exacerbated due to the current political impasse and the challenges faced by Brexit. At the moment our community is facing many challenges which includes huge cuts within education budgets, an inadequate and out of date health service and an infrastructure which is falling apart.

We are witnessing a frustrated community which is growing angry and although they put the blame at the doorstep of our elected political representatives; much of this anger and frustration has been expressed to us through our various community networks and forums. We need our Devolved Government back up and working and we need our elected representatives back at their work. Our community is currently on their knees and they deserve much better!

On a more positive note I am delighted that the Resurgam Community Development Trust has been granted the Queens award for Voluntary Service 2018 and that Laganview Enterprise Centre has won the Lisburn and Castlereagh City Council Business Award for "Best Social Enterprise 2018". These awards demonstrate the professionalism, hard work and dedication of our staff and volunteers and the Queens Award for Voluntary Service recognises the commitment of our many volunteers.

In January our contractors started work on our new building development at Bridge Street which will see the construction of the "Welcome House," five apartments and a community resource centre. When completed it will see the relocation of our BME group the Welcome Project from their current

premises at the Laganview Enterprise Centre to the Centre of Lisburn. This will open up many new opportunities for the Welcome Project to expand on the current services they provide.

I am delighted to announce that the Resurgam Trust are part of a Lottery funded Northern Ireland and Scottish partnership on Social prescribing lead by the Healthily Living Centres Alliance. The Resurgam Trust will take the lead in the South-Eastern Health and Social Care Trust Area and it is hoped that this new and exciting programme will be in operation by September.

The Resurgam Trust have been working in partnership with the Lisburn and Castlereagh City Council on the redevelopment of the former Hilden Integrated Primary School. This process will see the listed building preserved and brought back to life. Plans include the establishment of a new social enterprise childcare facility, a coffee shop and a history archive of the local community including the former Hilden Mill.

During the last 18 months key members of the Resurgam Trust have been documenting the social history of our community. This exciting new project will document our journey from the days of conflict to peace. It will give personal accounts of the development of our community based projects and social enterprise and highlight a remarkable journey of community transformation.

### **HELP TO STOP SMOKING!**

**Every Wednesday drop into the Resurgam Healthy Living Centre between 1:00pm - 2:00pm for one to one support including free Nicotine Replacement Therapy provided by Cancer Focus NI. You do not need to be stopped smoking to get this support.**

**Resurgam Healthy Living Centre @  
Laganview Enterprise Centre  
69 Drumbeg Drive Old Warren  
or telephone 02892 528 233**

# Lisburn Early Years Settings Give Speech & Language A Boost

Five more early year's settings in Lisburn have introduced an **Early Talk Boost** programme, which has shown to make significant progress in children's early language by an average of six months after a nine week intervention.

This fantastic opportunity was made possible by the Early Intervention Lisburn Partnership led by the Resurgam Trust by identifying speech and language development as a priority in Lisburn. The Early Intervention Lisburn Project was initiated by the Resurgam Trust in 2011 to improve outcomes for children, young people and families in deprived areas of Lisburn.

Mr Adrian Bird, Director of the Resurgam Trust, said, "Research carried out in 2013 in primary schools in Lisburn highlighted 32% of our children were entering primary school with a mild to moderate speech and language problem. We have worked closely with the SEHSCT Speech and Language department and agreed that both of these programmes were the best approach to help improve this shocking statistic in Lisburn.

Research shows that early language delay impacts on children's communication skills, educational attainment, social and emotional



The Early Talk Boost programme was funded by the Public Health Agency, and the early year's settings who attended this training recently are: **Harmony Hill Nursery School, Tonagh Nursery School, Forthill Integrated Nursery School, Little Scamps Playgroup and Afterschool, and Seymour Hill Preschool Playgroup.**

development and life chances particularly in terms of employment."

Mrs Hilary Johnston Principal of Harmony Hill Primary School said "Harmony Hill Primary School was delighted to host the training of the Early Talk Boost programme, and are delighted to introduce this programme in our nursery school to support children's speech & language development. We recognise early intervention is extremely important to give our children the best start in their education."

Lisnagarvey Friendship and Support Group's Men's Shed continue to work towards improving health and wellbeing of older people and would like to thank Lisburn PSP, The Resurgam Trust's Healthy Living Centre, South Eastern HSC Trust, ASCERT's SEDACTS and Lisburn Castlereagh PCSP.



## MEN'S SHED

Lisnagarvey Friendship and Support Group's Men's Shed recently held a series of events to mark Men's Health Week. The 'Shedders' had an open day, guided walk and creative carpentry which included building some garden benches for the social enterprises. All events linked into the network of support within The Resurgam Trust, especially the Resurgam Healthy Living Centre. The next event for the Men's Shed will be marking Alcohol Awareness Week within the Highway Inn, taking part in a 'Mocktails' demonstration. The 'Shedders' are currently taking part in their Intergenerational Summer Scheme which will be trips, creative arts and community safety talks, including a visit to Lisburn PSNI Station.

# Resurgam Trust remembers Pauline in Mother's Day Walk

On Sunday 11<sup>th</sup> March 2018 (Mother's Day) over 60 members of our community turned up for our Annual sponsored walk held in memory of our much-loved Volunteer the late Pauline Milliken. The event was organised by the Resurgam Trust and sponsored by The Highway Inn Bar & Kitchen and Lisburn Peoples Support Project. A total of £455 was raised for Resurgam YouthBank.

Trust Director of the Resurgam Trust Mr Adrian Bird said "This event has now become a regular event in the Resurgam Calendar. Pauline was very active in the early days of our Youth Work, so this year's beneficiaries would have been very close to her heart because it's all about helping young people learn new skills and working as a team"

The Milliken family would like to take this opportunity to thank The Resurgam Trust, Lisburn Peoples Support Project and the Highway Inn Bar & Kitchen for all their efforts in pulling together another very successful event in honour of Pauline. They would also like to express appreciation to all family and friends who turned up to support the event or made a donation.

YouthBank is a unique way of involving young people in grant-making within their local community. It is an all-island of Ireland initiative of over 25 grant-making committees run by young people.

The funding distributed by these



A number of the participants who took part in the event on the day

decision-making committees supports projects designed and run by young people that address issues and concerns relevant to them and their community.

YouthBank is not just about giving out grants, it is a personal development programme, which will build young people's self-esteem and confidence and provide them with an

opportunity to learn new skills in leadership, team-work, decision-making, problem-solving, communication, empathy development, negotiation, report-writing, presentation skills, event management, interview skills and lots, lots more. Taken from [www.youthbank.org/About](http://www.youthbank.org/About)

On Wednesday 18<sup>th</sup> April ladies from groups around Lisburn went on a cross border trip to Inishowen in County Donegal to meet up with Moville women's group. They were able to get to know each other by taking part in a Mindfulness Art Workshop and have some lunch together, which they all really enjoyed. This project has been supported by the EU's PEACE IV Programme, managed by the Special EU Programmes Body (SEUPB). If you would be interested in finding out more about upcoming events under this project please contact Jodie by emailing her at [jodie.cairns@resurgamtrust.co.uk](mailto:jodie.cairns@resurgamtrust.co.uk) or calling her on 02892 670 755.



# LISBURN CELEBRATES INTERNATIONAL CHILDREN'S DAY 2018

The Welcome Project in conjunction with The Resurgam Trust and LCCC held their annual International Children's Day event on Saturday 2nd June in Old Warren Primary School.

Supported by Lisburn & Castlereagh City Council, the event brought a multicultural and friendly spirit to the area, with activities for all age groups, primarily children.

Performances from Highland Dance, Lisburn Fusiliers, interactive "Black Star Beat Conductors" DJ, Musicland and live music by Lawrence T & The Wolfmen provided welcoming and upbeat atmosphere at the event, which also saw sports activities, arts and crafts workshops, animals, face painting, bouncy castles, climbing frames, interactive African drums workshop and food from around the world on offer.

We were delighted to have The Mayor, Cllr Tim Morrow in attendance, wearing a bright coloured t-shirt, after doing the Colour Run in the morning.

It was a fantastic day, filled with lots of fun and laughter and we would like to thank all those supporting the occasion and those taking part, everyone embraced the spirit of the day.



## LaganView awarded Best Social Enterprise Award 2018!



Laganview Enterprise Centre was named as the 'Best Social Enterprise 2018' as part of the Lisburn & Castlereagh City Business Awards 2018 at a black tie event in La Mon Hotel and Country Club on Friday 23<sup>rd</sup> March. LaganView had been shortlisted to the final 3 alongside Stepping Stones and Fusion Theatre and after a rigorous interview process was crowned the 2018 winner. This was very fitting for LaganView as the centre also celebrated 10 years in business on 25<sup>th</sup> April 2018. A big congratulations to the Board of Directors, staff and volunteers for making this possible.

## Help Kids Talk in Lisburn

Our Early Intervention Lisburn Manager Mabel Scullion was delighted to meet the new Mayor of LCCC Councillor Uel Mackin along with Lorraine Coulter South Eastern Trust Speech and Language Lead and Janet Cooper from Stoke Speaks Out on the 14th June 2018 to discuss the huge challenges children in Lisburn face with regards to speech and language. The Mayor was pleased to lend his support to the 'Help Kids Talk' in Lisburn initiative to ensure all children get the best start in life that will positively impact on their education, employment, their social and emotional development, and future relationships.

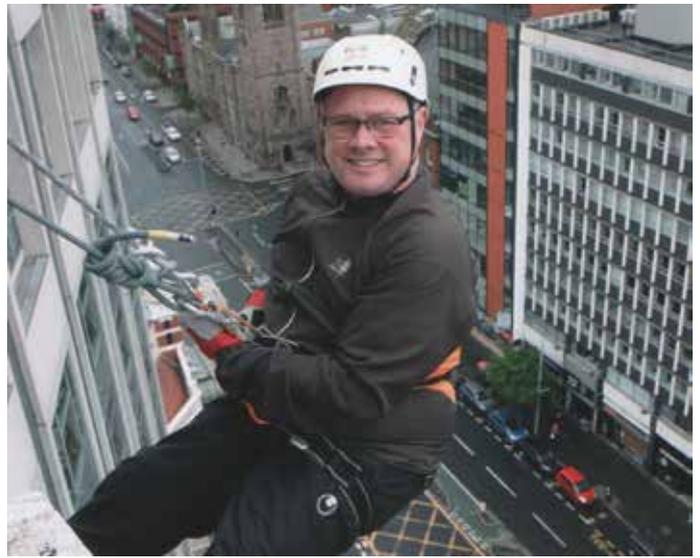


# £3,232.96 Raised for local Charities

Over recent years local man Vince Curry has taken it upon himself to do an annual fundraiser for some of our local charities. Charities that have benefited to date include TinyLife and Aware NI. This year it was very easy for him to decide on the charities who would benefit from his chosen fundraising activities. “Unfortunately, on my birthday last year I lost my dad to cancer, Dad was very proud of my fundraising activities and was also extremely proud that my job involved helping people in the community. Dad spent his last few days at the NI Hospice and I can’t thank them enough for the help and support they gave to him, my mum and indeed myself. Therefore, this year in his memory, I decided to do my fundraising for NI Hospice and The Resurgam Trust” said Vince. “At Hospice NI we care for over 3000 adults with terminal illnesses each year. Without community fundraising such as that undertaken by Vince, we simply would not be able to offer our services. Accordingly, we would like to place on record our gratitude to Vince and all those who supported him.” said Johnny Breen Regional Fundraiser for NI Hospice.

Vince’s fundraising activities included doing an abseil off the top of the Europa Hotel, hosting a fundraising breakfast at The Highway Inn Bar & Kitchen and auctioned off some signed football tops. Vince said, “I was delighted to raise the fantastic amount of £3,232.96 and would like to thank everyone who supported me along the way. I have no doubt the 2 charities will put these funds to good use in the fantastic work that they do.” The amount of £3,232.96 will be divided 50/50 between the NI Hospice and The Resurgam Trust.

“Vince is always looking at ways to support local charities and we were delighted he chose Resurgam this year because as a charity who works with community we very much rely on people like Vince carrying out fundraising activities, so we can keep providing much needed services in our community” said Adrian Bird Trust Director of Resurgam Trust.



Vince as he sets off on his abseil



L-R Johnny Breen Regional Fundraiser for Northern Ireland Hospice and Vince Curry



L-R Vince Curry, Jason Abraham Social Enterprise Manager, Denis Paisley Regeneration Manager and Sharon Gibson Finance and Administration Manager for Resurgam Trust



Some of the participants from the Dry January Initiative presenting Resurgam's Trust Director Adrian Bird with the funds raised L-R Denis Paisley, Asia Jarzynska, Mabel Scullion, Adrian Bird, Francie Ferris, Sharon Gibson and Gillian Lewis

# Resurgam Staff and Volunteers Went Dry for January

January is always a time of new resolutions and good intentions for the coming year and with that in mind Resurgam Staff and volunteers took the opportunity to give up alcohol for January while also raising money for their local community organisation. Gillian Lewis, Healthy Living Manager with The Resurgam Trust encouraged participation, Gillian said "The local South Eastern Drug and Alcohol Connections team have been challenging people to think about giving up or reducing alcohol for January. At the Resurgam Trust our staff, volunteers and community members are always up for a challenge so

they volunteered to take part. We know that many people in Northern Ireland are drinking at levels which can be harmful to their health, most people don't know that they should drink no more than 14 units per week and even if they know their units they may not know how many units are in the alcohol they are drinking. Initiatives like this give people a chance to reflect on their relationship with alcohol, take an alcohol MOT and to think about other ways to relax and socialise that do not involve alcohol." Francie Ferris one of the participants in Dry January has shared what he got from the experience: "Participating in Dry January was one

of the best things I have done in years. Whilst it was tough at the start it gave me the drive and support to do something I have wanted to do for a long time and that was challenge my drinking habits. If Resurgam had not organised this I would not have had the willpower to do it alone. It was great to do it with friends and raise funds for the Trust"

A fantastic amount of £1,428.00 was raised and this money will go towards helping Resurgam deliver much needed services to their beneficiaries across the Greater Lisburn area such as exercises classes, programmes for people of all ages on topics such as promoting mental health and wellbeing. If you would like to do some fundraising for the Resurgam Trust, please contact Vince Curry on 02892 670 755 or email him at [vince.curry@resurgamtrust.co.uk](mailto:vince.curry@resurgamtrust.co.uk)

# Resurgam Trust Awarded Queens Award for Voluntary Service

The Resurgam Community Development Trust has been selected as a recipient for The Queen's Award for Voluntary Service (QAVS) 2018. This was a tremendous achievement for Resurgam who are an umbrella group for thirty community-based groups and six social enterprises. Resurgam is supported by 500 volunteers throughout its structures, from management committees to volunteer positions. As part of the celebrations and in recognition of this award our Trust Director Adrian Bird and his wife Alison attended a Royal Garden Party at Buckingham Palace on Tuesday 5th June. Adrian said "I am absolutely delighted to represent the Resurgam Trust at Buckingham Palace for the Royal Garden Party. Being granted The Queens Award for Voluntary Service is an honour and has given our 500 volunteers a huge boost and recognition for the valuable work they conduct. Volunteering within a community context can at times be difficult but it can also be very rewarding, I commend all of our Volunteers for their hard work and commitment and am delighted that the Resurgam Trust has been granted this award."

The Queen's Award for Voluntary Service represents a tremendous achievement for our organisation and recognises the outstanding contributions made throughout our communities by groups of volunteers. Chair of Resurgam, Philip Dean, stated "Organisations like ours cannot function at the

level we do without the support and sacrifice of our volunteers at each and every level. This award is recognition of the key role they play throughout the organisation and the wider community. Their role and importance to the work we do cannot be underestimated"

Lagan Valley MP Sir Jeffrey Donaldson stated "I would like to congratulate The Resurgam Trust on receiving the Queen's Award for Volunteering. Having worked closely with the Trust over many years, I have seen at first hand the excellent results of the voluntary activities undertaken by the Trust and the positive impact across the local community. This has involved people of all ages in giving freely of their time and commitment to help others and to deliver change that makes life better for so many. This award has been well earned and I am delighted for the Trust and all those associated with its voluntary work"

Formed in 2011 The Resurgam



**The Queen's Award  
for Voluntary Service**

*The MBE for volunteer groups*



Trust Director Adrian Bird and his wife Alison Bird in attendance at the Royal Garden Party at Buckingham Palace to recognise all the winners of the award this year.

Community Development Trust's vision is 'to create social, cultural, financial and physical sustainability for the communities we serve'. The Resurgam Trust delivers services across strategic themes including Health, Education, Social Enterprise, Youth and Community Safety. The Resurgam Trust delivers services in partnership with agencies, supported by local and central government.

# LAGANVIEW CELEBRATES 10 YEARS IN BUSINESS!

LaganView Enterprise Centre celebrated their 10<sup>th</sup> anniversary on Wednesday 25<sup>th</sup> April 2018. This milestone was marked by an Open Day on the Wednesday 25<sup>th</sup> in the centre which there was an opportunity

for everyone, young and old, to pop in and get a glimpse of what would go on in LaganView on a weekly basis. There was the chance to meet the wide range of user groups, watch a cookery demonstration by The Highway Inn Bar & Kitchen, listen to a flute soloist and even watch a Highland Dance group and the Indian community put on some special dance performances!

On the evening of Friday 27<sup>th</sup> LaganView also hosted a formal celebration dinner which saw approximately 50 guests invited to a champagne reception followed by a two course dinner and some light entertainment by Mississippi Boom Box. The Right Honourable Sir Jeffrey Donaldson MP was a guest



speaker at the dinner. Joanne Casey, Centre Manager, who has been with LaganView from July 2007 states "The fact that it took many years of community lobbying to bring LaganView to fruition and that we are now celebrating our 10<sup>th</sup> anniversary is a massive achievement for our social enterprise. We are delighted that LaganView continues to demonstrate viability and profitability within the local Lisburn City area."

If you would like to view LaganView's conference facilities or for any other enquiry, please do not hesitate to call Joanne on 028 9267 0055 or email [joanne.casey@laganviewenterprise.com](mailto:joanne.casey@laganviewenterprise.com).

**Here's to the next 10 years!**

## Women in Community Transformation



Vince and a number of the ladies from Old Warren, Hillhall and Ballymacash recently attended a Graduation Event in the Titanic Suite at Titanic Belfast. The event was held to celebrate the ladies completing the recent stage of their Women in Community Transformation Course. The course is funded by the Department for Communities.



Board member Tracey Black (2nd from left) recently picked up a 'Future Leader' Award at the recent Graduation Event which recognised the completion of the current stage of the Department of Communities Women in Community Transformation



We would like to assure you the Resurgam Trust are working hard to ensure we adhere to the EU's General Data Protection Regulation (GDPR) which become applicable from 25 May 2018, it supersedes the UK Data Protection Act 1998. Significant and wide-reaching in scope, the new law brings a 21st century approach to data protection. It expands the rights of individuals to control how their personal information is collected and processed, and places a range of new obligations on organisations to be more accountable for data protection.